

MONDAY MEETINGS

Serenity Valley Group

Time: 7:00PM

Location: Alliance Church

Address: 5014 – 56 Ave, Drayton Valley, AB

Unity Group

Time: 7:30PM

Online ID: 817 7927 4347

Passcode: Recovery

In Person:

Address: 150 4828 53 st

Location: Red Deer, AB

iRecover Treatment Center

Time: 8:00pm

Location: iRecover Treatment Center

Address: 41003 range road #235A

Tees, AB

TUESDAY MEETINGS

New Alternatives

Time: 7:30PM

Online ID: 854 8384 0934

Password: 820300

In Person

Time: 7:30

Location: St. John's Anglican Church

Address: 4821 50st., Olds AB

Ties That Bind

Time: 7:00 PM (C)

Location: The Lighthouse

Address: 5509-48 Ave, Camrose, AB

WEDNESDAY MEETINGS

Wetaskiwin Living Clean Group

Time: 7:00PM

Location: Alano Club

Address 5017 50 ave, Wetaskiwin, AB

The Group

Time: 7:30PM

Location: St. Cyprian's Anglican Church

Address: 5005 Calgary and Edmonton trail

Lacombe AB

THURSDAY MEETINGS

How It Works

Time: 7:00PM (12)(O)

Location: The Lighthouse

Address: 5509-48 Ave, Camrose, AB

Serenity Valley Group

Time: 7:00PM

Location: Alliance Church

Address: 5014 – 56 Ave, Drayton Valley, AB

The Journey Continues

Time: 8:00pm

Location: Potter's Hands Kitchen

Address: 4935 51st Red Deer ,AB

FRIDAY MEETINGS

Unity Group

Time: 7:30PM (WA)(O)(D)

Location: West Park Church of the Nazarene

3920 57 Ave, Red Deer,AB

Friday Living Clean

Time: 7:30PM

Online ID: 854 8384 0934

Password: 820300

Location: Olds, AB

SATURDAY MEETINGS

New Hope Group

Time: 7:00PM (O)

Location: The Lighthouse

Address: 5509-48 Ave, Camrose, AB

Saturday Night Live

Time: 7:30pm

Location: New Life Fellowship Church

Address: 20 Kelloway Cres, Red Deer, AB

Surrender in Sylvan

Time: 6:30pm

Location: Alliance Community Church

Address: 4404 47 Ave, Sylvan Lake AB

Sunday Meetings

Living Clean

Time: 7:00pm

Location: Alliance Church

North Entrance

Address: 4804 42 ave. Innisfail, AB

Red Deer Recovery Community

Time: 7:30pm

Location: Red Deer Recovery Community

Address: 27227 Township Rd. 391

Blackfalds, AB

Morning Meditation Meetings

Time: 9:30am Daily

Online ID: 785 980 128

Pass Code: Serenity1

Twelve Steps of Narcotics Anonymous

If you want what we have to offer and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Area Service Committee meets the 4th Saturday of every month
 Public Relations,
 Hospital & institutions,
 Activities planning
 Literature committees



PLEASE HELP US KEEP THIS MEETING LIST UP TO DATE

Please contact Area to inform the Committee of any changes

Narcotics Anonymous message:

That an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live

MEETING CODES

- (12) 12 Steps
- (BT) Basic Text
- (C) Closed Meeting
- (CN) Candlelight
- (D) Discussion
- (J) Just for Today
- (L) Literature
- (N) Newcomer
- (LGBTQ) Lesbian Gay Bi Trans
- (M) Men's Meeting
- (O) Open Meeting
- (S) Speaker
- (T) Traditions
- (W) Women's Meeting
- (WA) Wheelchair Access
- (123) Steps 1 2 3

YOU ARE NO LONGER ALONE

CALL BEFORE YOU USE:

Ladies

Men's



**Central Alberta Area
Narcotics Anonymous**

Camrose, Drayton Valley, Lacombe, Olds, Red Deer, Sylvan Lake, Wetaskiwin

Central Alberta NA

Information Line:

403-846-5798

ALSASK REGION – Help line:

1-877-463-3537

alsaskrsc-na.org

or

centralalbertaareana.com