#### **MONDAY MEETINGS**

#### **Serenity Valley Group**

Time: 7:00PM

Location: Alliance Church

Address: 5014 – 56 Ave, Drayton Valley, AB

#### **Unity Group**

Time: 7:30PM

Online ID: 817 7927 4347 Passcode: Recovery

In Person:

Address: 150 4828 53 st Location: Red Deer, AB

#### **iRecover Treatment Center**

Time: 8:00pm

Location: iRecover Treatment Center Address: 41003 range road #235A

Tees, AB

## **TUESDAY MEETINGS**

#### **New Alternatives**

Time: 7:30PM

Online ID: 854 8384 0934

Password: 820300

In Person Time:7:30

Location: St. John's Anglican Church Address: 4821 50st., Olds AB

**Ties That Bind** 

Time: 7:00 PM (C)

Location: The Lighthouse

Address: 5509-48 Ave, Camrose, AB

# **WEDNESDAY MEETINGS**

## **Wetaskiwin Living Clean Group**

Time: 7:00PM

Location: Alano Club

Address 5017 50 ave, Wetaskiwin, AB

#### The Group

Time: 7:30PM

Location: St. Cyprian's Anglican Church Address: 5005 Calgary and Edmonton trail

Lacombe AB

#### **iRecover Treatment Center**

Time: 8:00pm

Location: iRecover Treatment Center Address: 41003 range road #235A

Tees, AB

# **THURSDAY MEETINGS**

#### **How It Works**

Time: 7:00PM (12)(O) Location: The Lighthouse

Address: 5509-48 Ave, Camrose, AB

#### **Serenity Valley Group**

Time: 7:00PM

Location: Alliance Church

Address: 5014 - 56 Ave, Drayton Valley, AB

## The Journey Continues

Time: 8:00pm

Location: Potter's Hands Kitchen Address: 4935 51<sup>st</sup> Red Deer ,AB

# **FRIDAY MEETINGS**

#### **Unity Group**

Time: 7:30PM (WA)(O)(D)

Location: West Park Church of the Nazarene

3920 57 Ave, Red Deer

## 1st and 3rd Fridays meet at:

Kiwanis Park

Address: 4500 Fountain Drive.

Red Deer, AB

#### **Friday Living Clean**

Time: 7:30PM

Online ID: 854 8384 0934

Password: 820300 Location: Olds, AB

# **SATURDAY MEETINGS**

## **New Hope Group**

Time: 7:00PM (O)

Location: The Lighthouse

Address: 5509-48 Ave, Camrose, AB

#### **Saturday Night Live**

Time: 7:30pm

Location: New Life Fellowship Church Address: 20 Kelloway Cres, Red Deer, AB

## Surrender in Sylvan

Time: 6:30pm

Location: Alliance Community Church Address: 4404 47 Ave, Sylvan Lake AB

# **Sunday Meetings**

# **Living Clean**

Time: 7:00pm

Location: Alliance Church

North Entrance

Address: 4804 42 ave. Innisfail, AB

# **Morning Meditation Meetings**

Time: 9:30am Daily Online ID: 785 980 128 Pass Code: Serenity1

#### **Twelve Steps of Narcotics Anonymous**

If you want what we have to offer and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible

- 1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
- 2. We came to believe that a Power greater than ourselves could restore us to sanity.
- 3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4. We made a searching and fearless moral inventory of ourselves.
- 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. We were entirely ready to have God remove all these defects of character.
- 7. We humbly asked Him to remove our shortcomings.
- 8. We made a list of all persons we had harmed, and became willing to make amends to them all.
- 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. We continued to take personal inventory and when we were wrong promptly admitted it.
- 11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Area Service Committee meets the 4th Saturday of every month Public Relations. Hospital & institutions, Activities planning

PLEASE HELP US KEEP THIS MEETING LIST UP TO DATE

Literature committees

Please contact Area to inform the Committee of any changes

# Narcotics Anonymous message:

That an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live

#### **MEETING CODES**

(12) 12 Steps (BT) Basic Text (C) Closed Meeting (CN) Candlelight

(D) Discussion (J) Just for Today (L) Literature

(N) Newcomer

(LGBTQ) Lesbian Gay Bi Trans

(M) Men's Meeting

(O) Open Meeting

(S) Speaker

(T) Traditions

(W) Women's Meeting (WA) Wheelchair Access

(123) Steps 1 2 3

# YOU ARE NO LONGER ALONE **CALL BEFORE YOU USE:**

Ladies		Men's



# **Central Alberta Area Narcotics Anonymous**

Camrose, Drayton Valley, Lacombe, Olds, Red Deer, Sylvan Lake, Wetaskiwin

> **Sep '22** Central Alberta NA

> > Information Line:

403-846-5798

**ALSASK REGION – Help line:** 1-877-463-3537

alsaskrsc-na.org

or

centralalbertaareana.com