

MONDAY MEETINGS

Serenity Valley Group

Time: 7:00 PM (O)(BT)(J)

Location: Alliance Church

Address: 5014 – 56 Ave, Drayton Valley, AB

Unity Group

Time: 7:30 PM (L)(D)(O)(NP)(HYB)(CW)

Online ID: 817 7927 4347

Passcode: Recovery

In Person:

Location: John Howard Society

Address: 150 4828 53 St

Red Deer, AB

iRecover Treatment Center

Time: 8:00 PM (C)

Location: iRecover Treatment Center

Address: 41003 range road #235A

Tees, AB

TUESDAY MEETINGS

New Alternatives

Time: 7:30 PM (12)(O)(D)(BT)(TOP)

Online ID: 854 8384 0934

Password: 820300

In Person

Time: 7:30

Location: St. John's Anglican Church

Address: 4821 50 St., Olds, AB

Ties That Bind

Time: 7:00 PM ©(CW)(TOP)(NS)(NP)

Location: The Lighthouse

Address: 5509-48 Ave, Camrose, AB

Gateway Recovery Group

Time: 7:30 PM (N)(O)(L)(BEG)(NP)(RA)

Location: Adventist Community Center

Address: 5204 48th St

Rocky Mountain House, AB

WEDNESDAY MEETINGS

Wetaskiwin Living Clean Group

Time: 7:00 PM (D)(WA)(O)

Location: Alano Club

Address 5017 50 Ave, Wetaskiwin, AB

The Group

Time: 7:30 PM (O)(CN)(D)

Location: St. Cyprian's Anglican Church

Address: 5005 Calgary and Edmonton trail

Lacombe, AB

Welcome Wednesday

Time: 7:30 PM (D)(O)(J)(WA)(CW)(BEG)

Location: Potter's Hands Kitchen

Address: 4935 51 St Red Deer, AB

THURSDAY MEETINGS

Ties That Bind

Time: 7:00PM (12)(O)(T)(L)(CW)(NS)(NP)

Location: The Lighthouse

Address: 5509-48 Ave, Camrose, AB

Serenity Valley Group

Time: 7:00 PM (O)(BT)(J)

Location: Alliance Church

Address: 5014 – 56 Ave, Drayton Valley, AB

The Journey Continues

Time: 8:00 PM (D)(O)(NP)

Location: Potter's Hands Kitchen

Address: 4935 51st Red Deer, AB

FRIDAY MEETINGS

Unity Group

Time: 7:30 PM(L)(D)(O)(NP)(CW)

Location: West Park Church of the Nazarene

3920 57 Ave, Red Deer, AB

Friday Living Clean

Time: 7:30 PM(L)(D)(O)(TOP)

Online ID: 854 8384 0934

Password: 820300

Location: Olds, AB

SATURDAY MEETINGS

Ties That Bind

Time: 7:00 PM(O)(D)(CW)(NS)(NP)(TOP)

Location: The Lighthouse

Address: 5509-48 Ave, Camrose, AB

Saturday Night Live

Time: 7:30 PM (D)(O)(L)(WA)(CW)(BEG)

Location: Bethany Collegieside

Address: 99 College Circle, Red Deer, AB

Surrender in Sylvan

Time: 6:30 PM (12)(D)(O)(WA)(T)

Location: Alliance Community Church

Address: 4404 47 Ave, Sylvan Lake, AB

Sunday Meetings

Living Clean

Time: 7:00 PM (O)(CN)(CW)

Location: Alliance Church

North Entrance

Address: 4804 42 ave. Innisfail, AB

Red Deer Recovery Community

Time: 7:30 PM (C)

Location: Red Deer Recovery Community

Address: 27227 Township Rd. 391

Blackfalds, AB

Morning Meditation Meetings

Time: 9:30 AM Daily

Online ID: 785 980 128

Pass Code: Serenity1

(J)(O)(NS)

Twelve Steps of Narcotics Anonymous

If you want what we have to offer and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible

- 1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
- 2. We came to believe that a Power greater than ourselves could restore us to sanity.
- 3. We made a decision to turn our will and our lives over to the care of God *as we understood Him*.
- 4. We made a searching and fearless moral inventory of ourselves.
- 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. We were entirely ready to have God remove all these defects of character.
- 7. We humbly asked Him to remove our shortcomings.
- 8. We made a list of all persons we had harmed, and became willing to make amends to them all.
- 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. We continued to take personal inventory and when we were wrong promptly admitted it.
- 11. We sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Area Service Committee meets the 4th Saturday of every month

- Public Relations,
- Hospital & institutions,
- Activities planning
- Literature committees



PLEASE HELP US KEEP THIS MEETING LIST UP TO DATE
Please contact Area to inform the Committee of any changes

Narcotics Anonymous message:

That an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live

MEETING CODES

- | | |
|------------------------|-------------------------|
| (12) 12 Steps | (NS) Non-Smoking |
| (BT) Basic Text | (NP) No Pets/Animals |
| (C) Closed Meeting | (O) Open Meeting |
| (CN) Candlelight | (S) Speaker |
| (D) Discussion | (T) Traditions |
| (J) Just for Today | (BEG) Beginner |
| (L) Literature | (WA) Wheelchair Access |
| (HYB) Hybrid | (CW) Children Welcome |
| (RA) Restricted Access | (TOP) Topic |

YOU ARE NO LONGER ALONE

CALL BEFORE YOU USE:

Ladies

Men's



**Central Alberta Area
Narcotics Anonymous**

Camrose, Drayton Valley, Lacombe, Olds, Red Deer, Sylvan Lake, Wetaskiwin, Rocky Mountain House

Information Line: **403-846-5798**

**ALSASK REGION – Hot- line:
1-877-463-3537**

alsaskrsc-na.org

or

centralalbertaareana.com

May 2024